

# 2016 OJDDA ANNUAL CONFERENCE

**October 16 - October 18, 2016**



## **Sunday, October 16, 2016**

**Epics Refresher** 9:00 AM - 4:00 PM

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This course is designed for juvenile justice professionals who initially attended a full 3-Day EPICS training, but have since not been able to complete the coaching and coding components of that training OR have not been able to practice any of the skills or EPICS structure since that training OR anyone who just needs some refreshing on the materials. The content of the EPICS Refresher Course will review with juvenile counselors, probation, and parole officers some of the key principles of effective intervention and how to apply these principles to community supervision practices. Participants will also review the overall EPICS competencies and EPICS interventions in order to target youth antisocial thinking, challenge antisocial thinking, replace antisocial thinking, identify risky situations/people/places, and learn prosocial skills. Review of how to utilize EPICS to target the criminogenic needs of medium and high risk offenders and entering JJIS EPICS notes will also be reviewed. The EPICS model of a structured approach to the officer's interactions with their clients will be reviewed.

Speakers: Charmaine Roberts, Josh Byrum, Rachael Holley



### **Golf Tournament 11:00 AM - 3:00 PM**

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Sunriver Golf 17600 Center Drive Sunriver, OR 97707 Shotgun Start Time is 11:00 AM Basic Scramble \$60 per golfer - fee includes golf, cart, range balls & prizes Make checks payable to : OJDDA and send to Mandy Decker, Wallowa County Dept of Youth Services, 104 W Greenwood St Enterprise, OR 97828 Email or call host: Mandy Decker (541) 426-9114 or Email: Mandy.decker@co.wallowa.or.us

### **President's Reception/Paper Tigers Showing 5:30 PM - 9:00 PM**

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5:30 PM Welcome to Eastern Oregon - COWBOY COOKOUT and 7:30 PM Paper Tigers Showing & Conversation 'Paper Tigers' chronicles a year in the life of Lincoln High School in the community of Walla Walla, Washington. The kids who come to Lincoln have a history of truancy, behavioral problems and substance abuse. After Lincoln's principal is exposed to research about the effects of Adverse Childhood Experiences (ACEs), he decides to radically change the school's approach to discipline. With the aid of diary camera footage, the film follows six students. From getting into fights, grappling with traumatic events in their lives, and on the cusp of dropping out, they find healing, support and academic promise at Lincoln High.





## Monday, October 17, 2016

**Breakfast** 7:30 AM - 8:30 AM

**Welcome & Keynote "Your Best Self"** 8:30 AM - 10:00 AM

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Welcome & Housekeeping - DIRECTORS Keynote - ROBIN ROSE This session focuses on work styles — your own and others — based on the Gregorc Adult Style Delineator, a simple self-assessment model. Develop insights and strategies to relate to others' work approaches with greater ease and flexibility, allowing and adjusting for differences. Understand yourself and others at a whole new level. Learn why you organize, relate and respond the way you do, why others engage the way they do, and how to work most effectively with different personalities and work styles. Emerge with practical understanding and strategies for working with others who may have very different styles than your own. Participants report a significant decrease in team tension and an increase in team collaboration as a result of attending this class. This training is a must for anyone in management and is particularly helpful when entire teams take it together. • Understand your own work style strengths in order to capitalize on them • Learn which of your work tendencies can challenge others and how to stretch your style • Work with and support others in ways that are effective for them • Increase collaboration and teamwork, improve productivity • Understand and support leaders in communicating, managing and supervising more effectively • Promote healthier interactions in all relationships — at work and at home • Bring out hidden strengths, talents, and contributions unique to each team member's work style

Speakers: Robin Rose

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**Leadership - Values Based Management** 10:15 AM - 11:45 AM

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“Supervision is the most important job you are given to do on the face of the earth and never taught how to do it.” Values-Based Management is a system of management techniques built on the concept that the mission and objectives of any organization can best be met when managers use professional skill-based supervision which is grounded in the values of the agency and the needs of its employees. It is the only training program in the U.S. developed specifically for supervisors working in nonprofit and public sector human service organizations. Pioneered in 1978, VBM has been delivered to thousands of supervisors across the country. It is designed to provide information and skills for both new and experienced supervisors and managers. Participants will gain a clear understanding of the Real Job of supervision, clarity of the professional boundaries in supervision particularly in human service organizations, a concrete operational model for what employees need from a supervisor to be successful, a set of survival skills essential to enhance your personal performance as a supervisor, a structure for conducting supervisory interviews, and a system of supervision that will increase morale and retention of employees for your team and agency.

Speakers: Dennis Morrow

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**Substance Abuse - Marijuana and Adolescents P1** 10:15 AM - 11:45 AM

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This two part course will cover Oregon marijuana epidemiology and adolescent marijuana epidemiology in Colorado & Washington, early-onset marijuana use and adolescent brain development and Motivational Enhancement interventions, including practicing "Developing Discrepancy." Participants will practice listening for characteristics of tolerance, withdrawal, LOC, and other adverse experiences and formulate feedback into "Developing Discrepancy" in the spirit of Motivational Enhancement. (Part 1 of 2)

Speakers: Eric Martin



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**Trauma - Trauma and Girls** 10:15 AM - 11:45 AM

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The research is clear. The type, frequency and impact of trauma on girls, even in early childhood, is very likely to be different than for boys, and must be understood and addressed appropriately. This workshop will cover the prevalence and impact of violence, abuse and other forms of trauma on girls in the general population and among those involved in the juvenile justice system. The gendered nature of what happens to girls as well as the societal responses and individual girl-specific impacts will be discussed. Participants will understand the differences in girls experiences of trauma, learn to identify girls internalized responses to trauma and to appropriately respond in ways that support empowerment, growth and healing.

Speakers: Elaine Walters

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**Professional Self Care - Personal isn't Professional** 10:15 AM - 11:45 AM

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As many workforces develop a relaxed and casual atmosphere, there can be confusion between meeting personal needs and following through with professional commitments. It is not uncommon for co-workers to get caught up in one another's personal life dramas, or get tangled in the emotional dynamics more often associated with families. The net result is professional tension within teams and working relationships. Team success and organizational goals are put on the back burner, consciously or unconsciously. This talk focuses

on numerous areas of professional maturity and professional composure, and how to speak, listen, and engage professionally.

Speakers: Robin Rose

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**JJ In Oregon - Aid and Assistance Juvenile Code/Assessing OHA** 10:15 AM - 11:45 AM

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This presentation will include an overview of Oregon's Juvenile Fitness to Proceed statute and the process that the Oregon Health Authority has developed for providing Restorative Services for youth found unfit to proceed. I will include a brief presentation on data from the first two years of the Restorative Services that will illustrate the areas in which the program is strong and where improvements are still needed. Attendees will leave knowing how to navigate the fitness to proceed process and with an understanding of how the local juvenile department fits into this structure.

Speakers: Alex Palm

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**Let's Talk About Race** 10:15 AM - 11:45 AM

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For a number of years now child welfare has been identifying strategies to address disproportionality and disparities within their system but have not had the impact they had hoped for in regards to their overall numbers. The Let's Talk About Race presentation was developed to begin the conversation about the impact race can have on the children and families they work with every day. Please join Melissa as she walks us through a day in the life of a child - using storytelling and humor.

Speakers: Melissa Sampson-Grier

**Lunch** 12:00 PM - 1:00 PM

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**Leadership - Physiology of Leadership and Team Success** 1:15 PM - 2:45 PM

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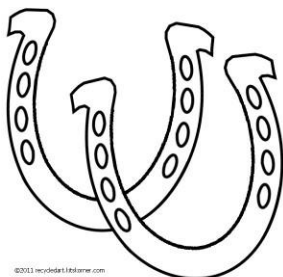
Leadership is pivotal to the success of an organization. At every level, advances in leadership produce greater satisfaction and improved outcomes. Research suggests that in as little as 1/20th of a second, staff read their manager's or leaders non-verbal language and formulate a response — either resilient or resistant. This dynamic workshop helps leaders and managers understand what happens to their thinking and professionalism when they are under pressure, and provides skills and techniques they can start using immediately to transform dramatic emotional reactions into healthy, professional responses. This session converts a broad range of brain-based research into practical information, designed specifically for leaders. It is an advanced course offering insights and tools not found anywhere else. Participants report greater appreciation of their role as leaders, improved ability to manage themselves, and increased success in leading their teams. • Understand the impact your stress reaction has on the effectiveness of your team • Develop new skills to handle your most challenging staff and situations with grace and clarity • Identify and deepen your leadership strengths • Incorporate ongoing strategies to use with your staff throughout the year to help them stay focused, collaborative and resilient

Speakers: Robin Rose

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**Substance Abuse - Marijuana and Adolescents P2** 1:15 PM - 2:45 PM

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This two part course will cover Oregon marijuana epidemiology and adolescent marijuana epidemiology in Colorado & Washington, early-onset marijuana use and

adolescent brain development and Motivational Enhancement interventions, including practicing "Developing Discrepancy." Participants will practice listening for characteristics of tolerance, withdrawal, LOC, and other adverse experiences and formulate feedback into "Developing Discrepancy" in the spirit of Motivational Enhancement. (Part 2 of 2)

Speakers: Eric Martin

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**Trauma - Boys will be Men; Road to Recovery** 1:15 PM - 2:45 PM

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"If we don't help men learn to live more successfully out of the box, they will keep dying in it." Fasten your seatbelts for the newest ride in the park! Are you ready for a perilous journey into the REAL WORLD OF BOYS AND MEN? Join us for a unique gender-specific, evidenced-based training focused exclusively on high-risk males. This training is designed to increase the effectiveness of individual counselors and of programs working with boys and men. Boys Will Be Men provides an in-depth examination of the boy and male experience. It is an interactive/experiential training which presents scientific, historical and statistical information that challenges commonly held myths about what really works in the treatment of boys/youth/men. This training is designed for both experienced professionals and people new to the field of working with males. It will help you stretch and grow as a mentor, parent, friend, or counselor and has broad applications for your roles outside of work as well.

Speakers: Dennis Morrow

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**Professional Self Care - Workforce Wellness in the Face of Trauma** 1:15 PM - 2:45 PM

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Anyone who provides care and support for survivors of violence, abuse and other forms of trauma knows that the work can be extremely rewarding, emotionally taxing, or both. When we don't actively participate in processes that support wellness and personal and professional development, we become vulnerable as individuals and organizations to a wide range of difficulties. If we also carry our own unresolved trauma, these difficulties can be even more pronounced and hard to address. In this presentation participants will learn the distinction between "vicarious" and "unresolved" trauma and why it matters; be able to identify and assess their own personal and organizational processes and needs for addressing unresolved trauma; and develop a realistic "next step" strategy to apply in their own lives to ensure a trauma-informed, healthy and well supported workforce.

Speakers: Elaine Walters

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**JJ In Oregon-Are ICJ cases giving you grief and stress? Then this workshop is for you!** 1:15 PM-2:45 PM

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The Interstate Compact for Juveniles provides the legal means to transfer a juvenile's supervision from one state to another and to return runaways. Participants will be provided with an overview of the Interstate Compact for Juveniles, including: the role of the Oregon ICJ office, the most recent rule and form changes, and identified best practices. Through scenario based discussion, participants will have an opportunity to review ICJ processes and to seek clarification of rules.

Speakers: Gloria Soja

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**How do I identify Human Trafficking and How Can I Help?** 1:15 PM - 2:45 PM

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Human Trafficking is often hidden in plain sight. This workshop will help one to recognize human trafficking (both labor and sex trafficking) and common denominators in both. Using true stories and research it will include characteristics of traffickers, buyers, victims and survivors. Instruction also will be given on steps to take if one suspects a case of human trafficking.

Speakers: Nita Belles

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**Leadership - Managing and Surviving Organizational Change** 3:00 PM - 4:30 PM

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This workshop is designed for employees, managers, and leaders of living in the “must change to survive” world facing virtually all organizations today. The focus is on understanding how real change happens and on providing concrete strategies to maximize the likelihood of a successful change process. This is an experiential workshop which gives each participant the opportunity to: 1) Develop an understanding of the meaning of “real change”; 2) Appreciate the “price of change” for any organization and learn why organizations would rather die than change; 3) Recognize and manage “change stress”; 4) Build a model for how people change; 5) Build a model for how organizations change; 6) Identify the stages of change for an organization and create strategies to support successful movement through each stage; 7) Discover personal and organizational “Adaptive Style” in a change process; 8) Learn what NOT to change.

Speakers: Dennis Morrow

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**Substance Abuse - Marijuana Laws** 3:00 PM - 4:30 PM

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**Trauma - Engaging Families and Youth from a Trauma Informed Lens** 3:00 PM - 4:30 PM

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Current research indicates that Adverse Childhood Experiences (ACES) are prevalent and intergenerational. In the absence of resiliency and protective factors, health risk behaviors lead to parenting practices that can increase the risk of ACES for the next generation. Understanding the impact of trauma and adversity is not only critical to working with youth but also with families. This workshop will present current research and effective strategies at engaging traumatized families and youth.

Speakers: Amy Baker

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**Professional Self Care - Its Beautiful Glass! Strategies for increasing Staff Resilience** 3:00 PM - 4:30 PM

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Let's face it. Juvenile justice work takes its toll on every one of us. We will all encounter work-related fatigue at some point. Words like faith and forgiveness seem out of place in our work-life, and yet, they are essential to our survival. Through self-evaluation and group discussion, we will examine the impact that our work in juvenile justice has had on our lives, redefine faith and forgiveness for our workplace culture, and explore ways to increase staff resilience through the exercise of intentional compassion and gratitude.

Speakers: Gloria Soja

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**JJ In Oregon - Victims 101** 3:00 PM - 4:30 PM

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In this interactive session, members of the Juvenile Crime Victim Rights Workgroup will guide participants through the foundation of crime victim rights and why they matter to all juvenile justice practitioners, not just victim advocates. Participants will develop a basic understanding of juvenile crime victim rights and have

an opportunity to take their current experience to the next level of expertise. User friendly victim resources will be provided for all justice professionals.

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**Sex Trafficking** 3:00 PM - 4:30 PM

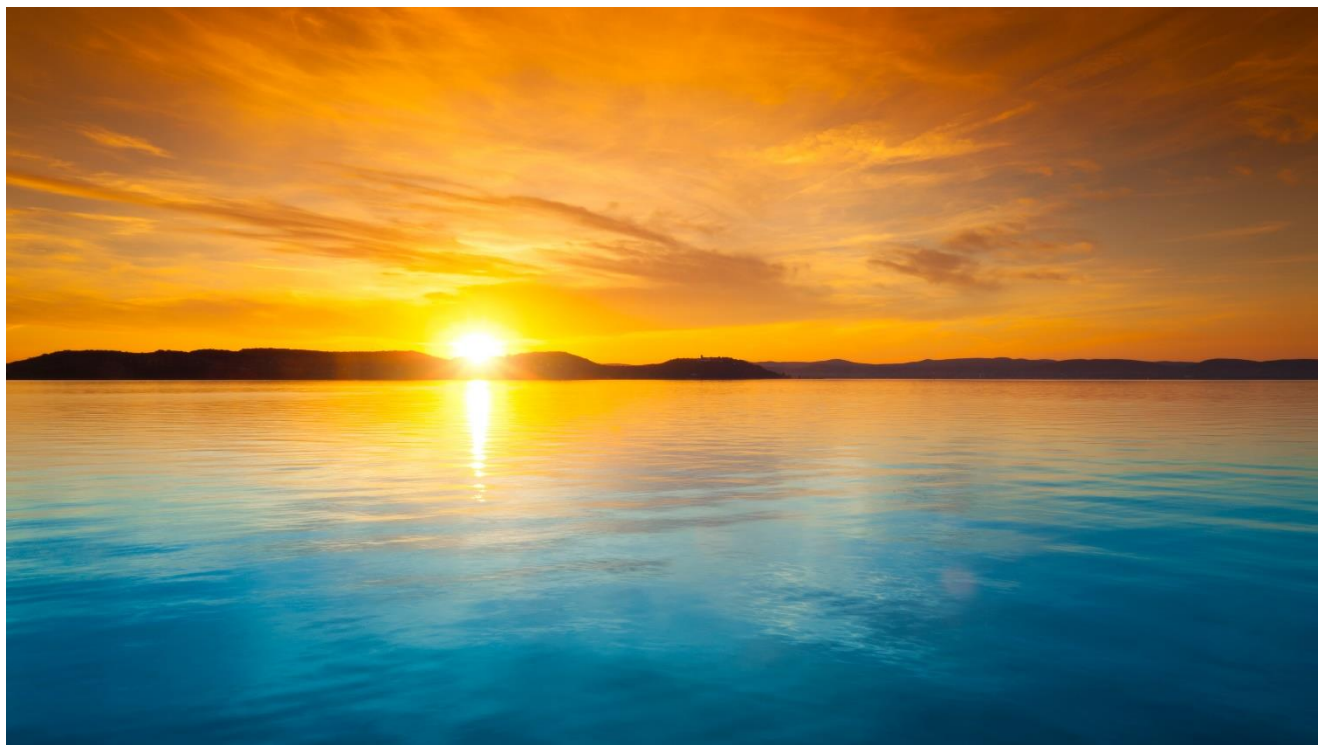
Participants will learn about the dynamics of sex trafficking, how to recognize risk factors in youth, how to identify and screen for victims of sex trafficking, and what collaborative models are being used to combat sex trafficking.

Speakers: Erin Ludwig, Amanda Monaco

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**Banquet, Entertainment & Dancing** 6:00 PM - 10:30 PM

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## **Tuesday, October 18, 2016**

Breakfast 7:30 AM - 8:30 AM

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**Key Note - Welcome & Key Note "High in Plain Sight: Current drug trends..."** 8:30 AM - 10:00 AM

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Welcome & Housekeeping - DIRECTORS Keynote - TALL COP - This workshop is for educators, prevention providers, coalition members, law enforcement, probation officers, school administration, treatment, counselors, and parents. This workshop covers alcohol and drug clothing, alcoholic energy drinks, alcopops, alcohol and drug concealment methods and containers, drug paraphernalia, drug related music and groups, logos, stickers, new technology, youth party tendencies, party games, non-traditional alcoholic beverages, social networking sites, synthetic drugs, OTC drugs, inhalants, concentrates, E-cigarettes, and popular party



drugs. This session can also cover common stash compartments that can be used to hide weapons inside everyday clothing containers and other items, along with the relationship between alcohol, drug and violence tendencies. This session is unique, in that it provides over 120 visual aids for attendees to hold and become familiar with. In today's culture, everything is person-specific and has different meanings to different individuals. Meanwhile, certain items have gained popularity in the alcohol and drug scene - which changes every day. Officer Galloway tailors this session to each community that he teaches in, and constantly updates this training to keep up with the current trends. Once in your community, Officer Galloway conducts a community scan spending time walking through many of your local malls, convenience stores and retail stores, identifying popular culture alcohol and other items that promote drug abuse. This allows the community to know what is going on nationally and locally in their own retail stores. For each person to help prevent youth and adult substance abuse, you MUST know what is going on in your community.

Speakers: Jermaine Galloway

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**Leadership - Supervisor 101 – CIS 10:15 AM - 11:45 AM**

Transitioning from Team Member to Team Leader This training will provide the basics for all supervisors, particularly those who are newly promoted, and those hoping to become a supervisor. CIS Senior HR Consultant Sharon Harris will guide attendees through this session designed to help individuals make the jump from team member to team leader. The training will provide best practices for listening and communicating effectively; tools to help you stay organized; techniques for delegating tasks and conducting effective

Speakers: Sharon Harris

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**Substance Abuse - Today's Designer Drug and Drug Vaping: Current trends, practices, logos and identifiers 10:15 AM - 11:45 AM**

This session will cover designer drug trends, logos and identifiers including the popular culture drugs that are associated with designer drug overdoses. Also discussed will be drug clothing and the trends associated with the use of vape pens for discrete drug use.

Speakers: Jermaine Galloway

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**Trauma - Trauma, Delinquency & Trauma-Informed Care 10:15 AM - 11:45 AM**

Anyone who provides care and support for survivors of violence, abuse and other forms of trauma knows that the work can be extremely rewarding, emotionally taxing, or both. When we don't actively participate in processes that support wellness and personal and professional development, we become vulnerable as individuals and organizations to a wide range of difficulties. If we also carry our own unresolved trauma, these difficulties can be even more pronounced and hard to address. In this presentation participants will learn the distinction between "vicarious" and "unresolved" trauma and why it matters; be able to identify and assess their own personal and organizational processes and needs for addressing unresolved trauma; and develop a realistic "next step" strategy to apply in their own lives to ensure a trauma-informed, healthy and well supported workforce.

Speakers: Elaine Walters

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**Professional Self Care-Mental Health Training Curriculum for Juvenile Justice P1 10:15 AM - 11:45 AM**

Recognizing the need for comprehensive mental health training for juvenile justice staff, the Models for Change Mental Health/Juvenile Justice Action Network developed the Mental Health Training Curriculum for Juvenile Justice (MHTC-JJ) to fill this gap. The MHTC-JJ is designed to provide juvenile justice staff with basic information about adolescent development and mental health disorders commonly seen among youth in contact with the juvenile justice system, the treatment services often used with justice-involved youth, and the important role of the family. In addition, the MHTC-JJ seeks to provide participants with practical strategies for better interacting and communicating with youth in their care who have mental health problems. This training will cover three of the eight modules: Child Trauma; Family Engagement; and Working with Youth: What You Can Do. The curriculum was designed for use with a range of juvenile justice staff, from probation staff at the front end of the juvenile justice continuum to correctional staff responsible for youth in out-of-home secure correctional facilities.

Speakers: OJDDA Trainers

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### **JJ In Oregon - JJIS and Victims** 10:15 AM - 11:45 AM

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Workshop participation is limited to 25 training database machines. Participants accepted are welcome to invite a co-participant and share a training database machine. This workshop will be repeated. This workshop is a hands-on Juvenile Justice Information Systems (JJIS) learning opportunity to explore how the Victim Notification Tracking features can assist Juvenile Departments, District Attorney Offices, Victim Assistance Programs and the Oregon Youth Authority in ensuring Victims' Rights are being enforced. Participants will learn to navigate and use secure victim screens that provide opportunities for tracking victims, identifying victims with requested rights and documenting the notification of victims for specific events. Participants will also be introduced to the opportunities in JJIS to build notification documents and tracking reports.

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### **Cyber Bullying & Sexting** 10:15 AM - 11:45 AM

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Tech Savvy Kids and the Un-Informed Parent was created as a tool to educate parents on the pitfalls facing today's technologically advanced children. The program offers insight and resources on Oregon sex crime laws, parental rights, commonly abused mobile applications, national mobile carrier options and monitoring tools. The program ultimately creates a nexus between sexting, cyberbullying and teen suicide.



Speakers: Trevor Wening

**Lunch** 12:00 PM - 1:00 PM

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### **Leadership - Top 10 Mistakes Supervisors Make** 1:15 PM - 2:45 PM

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Employment mistakes are easy to make, hard to correct, and impossible to undo. But we all can learn from the mistakes of others. In this training Sharon Harris, CIS Senior HR Consultant will review real scenarios that demonstrate the "Top 10" mistakes supervisors make. In addition, Sharon will provide best practice recommendations for: effectively recruiting the right employees for your organization; establishing an effective on-boarding process for your organization; fostering a positive culture and working relationship with employees, including performance evaluations and performance management; and providing consistent communication.

Speakers: Sharon Harris

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**Trauma - From Traditional to Evidence Based: What We Know About Healing** 1:15 PM - 2:45 PM

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Individual and collective trauma and adversity have been part of life throughout human history as have efforts to survive and recover from them. Whether or not they have been validated using the scientific method or experienced by people worldwide who attest to their effectiveness, many aspects of modern approaches to trauma have roots in traditional healing systems that have been in use for thousands of years. In this workshop, participants will: learn the difference between 'statistical significance' and 'effectiveness'; become familiar with resources available and aspects to consider when making decisions about referrals to appropriate services and interventions; and gain insight into the importance of exploring our own (and our clients') cultural and familial 'ways of knowing' related to trauma healing.

Speakers: Elaine Walters

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**Professional Self Care - Mental Health Training Curriculum for Juvenile Justice P2** 1:15 PM - 2:45 PM

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Recognizing the need for comprehensive mental health training for juvenile justice staff, the Models for Change Mental Health/Juvenile Justice Action Network developed the Mental Health Training Curriculum for Juvenile Justice (MHTC-JJ) to fill this gap. The MHTC-JJ is designed to provide juvenile justice staff with basic information about adolescent development and mental health disorders commonly seen among youth in contact with the juvenile justice system, the treatment services often used with justice-involved youth, and the important role of the family. In addition, the MHTC-JJ seeks to provide participants with practical strategies for better interacting and communicating with youth in their care who have mental health problems. This training will cover three of the eight modules: Child Trauma; Family Engagement; and Working with Youth: What You Can Do. The curriculum was designed for use with a range of juvenile justice staff, from probation staff at the front end of the juvenile justice continuum to correctional staff responsible for youth in out-of-home secure correctional facilities.

Speakers: OJDDA Trainers

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**JJ In Oregon - JJIS and Victims (Repeat)** 1:15 PM - 2:45 PM

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**Cyber Bullying & Sexting (Repeat)** 1:15 PM - 2:45 PM

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Tech Savvy Kids and the Un-Informed Parent was created as a tool to educate parents on the pitfalls facing today's technologically advanced children. The program offers insight and resources on Oregon sex crime laws, parental rights, commonly abused mobile applications, national mobile carrier options and monitoring tools. The program ultimately creates a nexus between sexting, cyberbullying and teen suicide.

Speakers: Trevor Wening

**Directors Quarterly Meeting 3:00 PM – 5:00 PM**

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## **Wednesday, October 19, 2016**

Breakfast 7:30 AM - 8:30 AM

**Directors Quarterly Meeting** 8:30 AM – 12:00 PM

**Training Quarterly Meeting** 12:00 PM – 2:00 PM

**EPICS Quarterly Meeting** 2:00 PM – 4:00 PM