

Post Test

Workshop 2: Healthy Boundaries

I, _____ (resident name) participated in Workshop 2: Healthy Boundaries on _____ (date).

1. What is Zero Tolerance? Fill in the blank. (accountable, unsafe, protected)
 - a. Facility does not tolerate any behavior than makes a resident feel _____ here.
 - b. Anyone who reports abuse will be _____.
 - c. Anyone who is abusive will be held _____.

2. What is a boundary?

3. Name three forms of boundaries.
1) _____ 2) _____ 3) _____

4. Which of these are examples of exercising healthy boundaries? Circle the correct answer(s).
 - a. Nica allows Ali to kiss her, even though she doesn't want to, because she doesn't want to seem mean.
 - b. When Sgt. Miller asks Jr. if he's had sex with his girlfriend Graciela, Jr. tells Sgt. Miller that he is not interested in discussing that with him.
 - c. Aisha asks the teacher, Mrs. Roth, to help her with a math problem because she does not understand it.
 - d. Mary tells Harold not to sit too close to her because it makes her uncomfortable.

5. True or False.
When you set a boundary, you are taking care of yourself.