

## OJDDA Training Course Descriptions

### ***Working with youth in Oregon's Juvenile Justice System***

This 32 hour course is designed for new probation workers in Juvenile Corrections. The following topics are covered:

Juvenile Justice Overview  
Ethics and Professionalism  
Interstate Compact  
Oregon Revised Statutes  
Juvenile Justice Information System  
Interpersonal Assessment Skills  
Courtroom Presentation Skills  
Effective Intervention and Supervision Skills  
Victim Rights  
Probation Officer Safety

### ***Effective Interventions Utilizing Motivational Interviewing Techniques***

Two-day training on Effective Strategies for professionals working with delinquent youth including:

- Practical application of cognitive behavioral interventions for probation work utilizing motivational interviewing techniques.*
- Incorporating strength based approach to teach, practice, and role play pro-social skills*
- Effective strategies for increasing the "motivation to change" with youthful offenders*

Beyond an introduction this two-day training will cover practical applications of effective interventions with youthful offenders while using motivational interviewing techniques. Through lecture, discussion and practice the presenters will teach, model and role play examples of cognitive behavioral interventions for use in a variety of juvenile justice settings. Participants will be given the opportunity to practice and demonstrate an understanding of these skills. All this will be done with a focus on building offender strengths and protective factors.

### ***Workplace Safety and Professional Self-Care***

**Workplace Safety:** While safety in the workplace takes on many forms and can look very different for individual agencies, everyone can agree that at the end of the day, we all want to go home safe. It's much more than, "Let's be safe out there." This training provides an overview of best practices that increase our personal safety when conducting office, field, and home visits. We will also examine safety tips and techniques specific to transporting clients and how to decrease our vulnerability to harm while off-duty.

**Professional Self-Care:** People are experiencing high levels of stress both in the workplace and at home. The problem is that this topic is rarely discussed in organizations because there doesn't seem to be any obvious solutions. New research in this area is yielding some amazing discoveries and providing some practical approaches to combat this problem. Paradigms will be challenged as we discuss a new definition of stress and identify **the** root cause of stress. Hope will be restored as we examine several simple steps to jumpstart, maintain, and increase our resilience to stress.

### **Community Supervision of High Risk Adolescent Sex Offenders**

Participants will learn information pertaining to effective supervision of adolescent sex offenders in the community. Information will include:

- Common characteristics of adolescent sex offenders
- Best practices in the treatment of adolescent sex offenders
- The use of risk assessments with adolescent sex offenders
- The use of the polygraph in the treatment and supervision of adolescent sex offenders
- The use of the Phallometric Testing and the Abel Assessment in the treatment and supervision of adolescent sex offenders
- Oregon Revised Statutes pertaining to adolescent sex offenders
- Supervision skills necessary for effective supervision of adolescent sex offenders

### **Cross Cultural Communication, Equity and Inclusion**

Participants will engage in simulation activities where themes of assumptions, misconceptions, stereotypes, prejudice, group identity and belonging emerge. Participants will experience effective/ineffective cross-cultural communications strategies and experiences.

Through large and small group discussions and activities, participants will gain greater awareness of unearned advantages and unearned disadvantages that exist in our lives and how inequitable systems occur. Participants will learn key concepts for understanding and interrupting systems of power, oppression and bias.

### **Custody Worker Training**

-  This 5-day course is designed for staff working in detention, residential or other community programs. The focus on the course is on best practices, self-awareness, working with special populations, interviewing and assessment skills, team building, conflict resolution and more.